

Land of Enchantment

May 2023 – Change Inspires Freedom

1st Experience – The Wormhole

What was your first thought when your time machine was sucked into the wormhole?

Lesson – See how quickly you can regain your attention to focus so that you can deal with chaos.

2nd Experience – The Land of Chaos

What were your thoughts when you saw the twisted sign saying, “Welcome to the Land of Chaos”?

Lesson – Understand your default response – imagining something threatening or adventurous.

3rd Experience – Bodhidharma

What was your assessment of Bodhidharma, the Buddhist monk?

Lesson – Use your intuition to assess the people you meet.

4th Experience – Focus Magic

Were you impressed with Bodhidharma simple magical solution to deal with chaos?

Lesson – Do you believe it when you see it?
Or do you believe it and then see it?