

STAR Power

Objective: Our objective is to engage your intuition, the right brain, to give you intuitive answers to very important questions. This exercise is designed to be fun, playful, insightful, and extremely powerful.

Look at your top 5 Core Passion® Codes (in profile report). Place each Code where you sense it should go on a point of the STAR. Each point has meaning and even though you don't know yet what it means, your intuition does! (If you have 6 top Codes, place the 6th Code on the STAR wherever it feels right.)



Connecting to the STAR Points of Power

Objective: *Your intuitive right brain has provided logic to your practical left brain. This exercise becomes very important for the left brain to begin to trust the right brain that it really does know the answers to powerful questions. The left brain gets the Ah Ha's and believes they can work together. It's magic!*

1. *Believe – This is a key point to know that your belief begins with this Code. Everything you do gets processed through this code first. It is at the Core.*
2. *Giving/Sharing – This Code you sense and do naturally as you interact with others.*
3. *Receiving/Allowing – This can be the most challenging point. It is difficult for you to receive this – usually you are giving it.*
4. *Past Use – This Code has been your default, something you have always relied on. This is where you go. A Code on this point doesn't mean you won't use it anymore, it means you will use it differently than you have in the past.*
5. *Future/Walking into – this is what you are developing – a new energy you will use as you move into your future.*

*Believe
Core Connection*

*Giving
Sharing*

*Receiving
Allowing*

*Future
Walking into*

Past Use



Roles of My Codes

Objective: *The objective of the Roles of my Codes is to put words to the Codes in the perspective of the points on the STAR. As you learn the art and science of manifestation, the purpose of this exercise is to start building a language to empower you to communicate with others and with your inner self.*



What are the roles of your top 5 Core Passion® Codes in creating your Vision? List a word or phrase that describes the role to your Codes in relationship to where they are on the points of your STAR.

Example: I believe I am creative, clear and confident in who I am and what I do (Recognition)!

I believe I am

I give/share

I am receiving /allowing

In the past I have relied on

I am stepping into