



# Intentional 2018

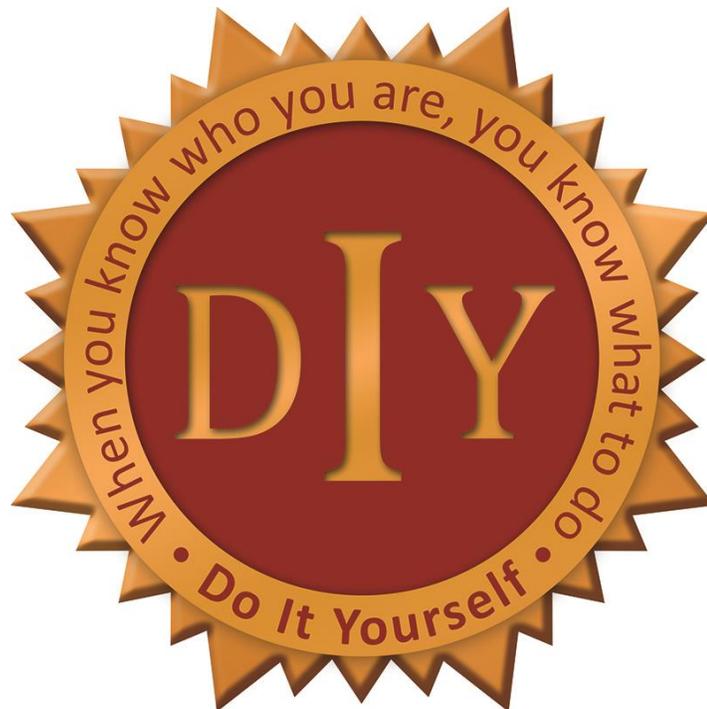


*The Art & Science of creating your future*

PASSION

VISION

ACTION



*The Adventure begins. . .*



# Intentional 2018

*The Art & Science of creating your future*

## Module 1

### 1<sup>st</sup> Key – *Discover . . . unlocks the door to AWARENESS*



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Why was this program created?

## Welcome to Core Passion® Intentional 2018

### **Watch Module 1 Video - Welcome**

Our intention for you this year is to learn the art and science of Self-Mastery. 2018 is the universal year to learn and develop your intuitive listening skills. You will access and use the power of your Core Passion® Codes. You will learn the value of creating your vision, connecting with your personal timing chart, and developing your actions and activities to manifest your desired results.

Last year learning the knowledge and skills of manifesting was focused on your ability to define and create new beginnings for yourself. This year, you are moving into the second year of your nine-year century cycle. It's time to *listen* up and develop your inner spiritual listening gifts as you do your part to make your world a better place to live and thrive.

Several years ago we had a strong burning desire to create our future with a balanced lifestyle. We studied, researched, and applied many creative secrets and alchemical practices of the Masters. Today we have become very successful in creating the balanced lifestyle we desire.

We became passionate to share this magical art and science with others. We developed and started teaching our Core Passion® Intentional classes in 2007 and the results have been outstanding for our participants. Each year has a very unique energy and theme using the practice of Numerology to set the timing and the focus. We know we can successfully pass this wisdom and these skills on to people using our Core Passion® system.

As we move into the second year of this new nine-year century cycle, the 11/2-energy of 2018 will inspire you to *learn to listen* as you meet and connect with your companions of destiny. This year the 11/2-energy of 2018 is prompting you to explore the path of self-mastery. Pythagoras said, "This is the practice to know thyself"

If you are ready, if you are committed, and if you are able to invest the energy . . . now is the perfect time to learn the deeper secrets of who you are and what you want. It's time for you to create your 2018 future. We know you will enjoy the journey!

### ***The Adventure continues. . .***

- Lori & Wes



**Lori Palm**, CEO of Core Passion Inc, is a modern-day muse inspiring passion, purpose and possibilities. An entrepreneur for over 40 years, she sees the unseen personal and business opportunities everywhere. **Wes Hamilton** is a master numerologist, professional mediator, a national teacher of personal growth programs, and a successful Real Estate Broker. Together they created the Core Passion® Assessment and training programs. They use a magical process connecting people to their passion and creating a space for them to discover who they truly are and what they want.

Where do I start?

## 1<sup>st</sup> Key - *Discover*. . . unlocks the door to **AWARENESS**

**Objective:** *To facilitate change and create something new, first we have to discover who we are and where we are at. It's like being lost in a mall; you have to go to the directory to find out where you are. Once you know where you're at, you can make plans for where you want to go. Awareness starts with asking a question. Questions can be dangerous. They require tremendous courage to ask because new questions lead to new ways of perceiving. All new and original thought begins with a question, which leads to an exploration – an adventure. **Watch Module 1 Video: 1<sup>st</sup> Key - Discover***



The Core Passion® Keys teach us a systematic plan of action for the integration and application of the knowledge and skills of creation. The Intentional 2018 program is organized in four modules corresponding to the four keys. The 1<sup>st</sup> Key, **Discover**, unlocks the door to **AWARENESS**.

**Begin here - become aware!** The secret to personal Awareness starts with two questions. Who are you? *and* What do you want? Now you have a place to focus. If you haven't taken the Core Passion® Assessment yet, start by completing the on-line assessment and printing out your 21 page report. The Core Passion® Assessment is a companion and pre-requisite to the Intentional 2018 program.

Discovery of who you are and having words for your unique identity becomes a source for your personal power. Discovering what energy is driving your desires of what you are wanting gives you clarity to focus and ask for your needs to be met. We will explore and build new perspectives around the underlying principles, ideas, and Core Passion® Codes that are driving your life. The Core Passion® System provides the Codes, Keys and a Process for Success. You will begin to learn how to integrate and apply the knowledge and skills of building your life from the inside out.

<u>Knowledge/ Integration</u>	<u>Skills/ Application</u>
<b>Discover</b>	<b>AWARENESS</b>
Believe	ACCEPTANCE
Create	ACTUALIZATION
Live	AUTHENTICITY





## The Vibrational Energy of 2018

**Objective & Background:** *Pythagoras, the Greek philosopher often referred to as the father of math, is given credit to creating the Pythagorean system of Numerology used by many Numerologists today to implement the number and alphabet systems of the 21<sup>st</sup> century. Numerology creates an awareness that information is available to better understand the timing of what is happening naturally in the world every year and every month.*

*We believe it is important for you to know there is an Order to the Universe. This order can be interpreted and applied using math for personal and professional planning in a timely manner. It's like "being in the right place at the right time". We will use the Numerology system to create the Action Plans to implement your Vision. **Watch Module 1 Video – Vibrational Energy of 2018***

### Learn to Listen

**2018 is a very special year!** Numerology shows you the vibrational energy is  $2+0+1+8 = 11/2$ . This is the universal year to learn the art and science of Self-Mastery! This means for the next 12 months you will have many opportunities to *learn to listen* and master your intuitive listening skills.

This special 11/2 universal year vibration is very rare, it will not happen for you again until 2027. If you have been anxious to *learn* how to develop or increase your intuitive *listening* skills, the good news is you will have lots of ramped up energy and opportunities to support you. You will be inspired to engage in mastering this powerful communication skill this year.

Last year in 2017, you started on a new nine-year vibrational century cycle embracing the energy of enlightenment. This new cycle will be much different than the last nine-year century cycle. Your last nine-year century cycle (2007-2016) was about manifesting, money, material satisfaction, and the awareness of how power and money can be used in many different ways. This nine-year century cycle is about being a humanitarian by creating win-win experiences and outcomes in your personal and professional life.

You became aware in the last nine years of how the 8-energy of power and money can be used for the good of a few or for the good of all. Here are two examples of what that looked like. Wall Street's financial collapse 2007-2009 created a great depression, caused by sub-prime lending practices. *Good for a few*. UNICEF's (United Children's Agency) budget has grown to 5 billion dollars. *Good for all*.

In 2018, you are moving into the second year of your new 9-year cycle. You will have many opportunities to be a humanitarian as you *learn to listen* when you meet and engage with what I call your companions of destiny. Your companions of destiny are people who you meet by coincidence. These are people who have a passionate common interest in exploring something greater than them. These people are searching for their greater purpose in life.

At the time you meet, you will feel a strong intuitive connection with them. You sense a resonance of familiarity, you will have a strong sense of wanting to connect and explore collaborative possibilities and adventures. This collaborative feeling will happen when the energy of this new 9-year humanitarian century cycle is activating your passion to explore and create win-win opportunities. This collaborative energy will inspire you to remember *we are all one*.

This year Numerology will also inspire you to learn and develop the skills to the art and science of patience. The 11/2- energy of 2018 can be very frustrating when you find yourself impatient and in a hurry. This 11/2- energy is designed to integrate the ideas and desires you already set in motion in 2017. Whenever you start something new, the universe requires time to align the vibrational energies of your requests. This alignment is necessary for the gestation period to generate a successful outcome for you as you create your future.

Are you aware there are 3 levels of listening? This is really helpful and extremely necessary information for to know, especially in 2018. Many times you may believe you really are listening to what is communicated. Yes, you are listening, however at what level?

You are probably listening at level 1 where as you listen you tend to hear the words of what is being communicated. Listening at level 1 is called *internal self-listening*. As you listen, you tend to be primarily aware of your own opinions, your own stories, your own judgments, your feelings, and your own needs.

When you begin to listen at level 2, you become totally engrossed with what is being communicated. Listening at level 2 is called *focused laser listening*. You tend to focus on every word with a desire to learn, solve a problem, or really understand all of the nuances involved in the communication so you can be of service.

As you begin to make a practice of listening at level 3, you are in a state of soft focus totally aware of the energy of the communication source. Listening at level 3 is called *conscious intuitive listening*. You are intuitively sensitive to how and when the energy changes, and subtle shifts in the attitude of the source. You are also consciously aware of the environment and what's going on in the environment. This is the level where your intuition will be most available to you in the form of understanding metaphors and imagery flashes.

In 2018, the art of level 3 listening can be an amazing practice for you to develop. You will gain a quicker access in understanding insights and the answers to questions about yourself. As you practice level 3 listening, you will get answers quicker to critical questions you may have concerning your relationships, your career, your health, and your spiritual path. These important answers can come to you more clearly when you ask a really good question. Most often questions are posed with yes or no solutions. Questions like should I? Or could I? Not much in the way of listening skills needed here to find your answers. These questions are not helpful in developing a good practice for *learning to listen*.

When you ask a really good question, you are taken on a passionate experiential journey to learn and grow. Really good questions can be dangerous . . . they require tremendous courage to ask because new questions lead to new ways of perceiving. Really good questions will give you intuitive possibilities and solutions from several different perspectives. Really good questions activate your subconscious mind.

Here is the dilemma! Your subconscious mind does not have a language, it communicates with images and metaphors! This is why listening at level 3 becomes so important for you to develop and master in 2018. Really good questions begin with “What more do I need to know about \_\_\_\_\_”. Now the adventure begins as your insights and solutions appear while taking you into deeper parts of yourself!

Let’s look at how you can best take advantage of *learning to listen* in 2018 in the 4 primary areas of your life.

**Career:**

No matter what career you are currently working in, learning to listen can be a valuable tool for you to grow and develop your skills. In today’s work environment, experts agree that communication skills are rated above knowledge and work skills. Being able to use level 2 and level 3 listening skills will put you in a position for earning more pay and put you on a path of leadership.

**Relationships:**

In all relationships, both personal and professional, listening skills make you a Rock Star! Everyone wants to be acknowledged and heard. When you become a really good listener using both level 2 and level 3, you connect at a really deep level of understanding and caring. You become someone who cares and you will be there for others when needed.

**Health:**

Paying attention to your body and listening to its needs is vital for your survival. Your body has several ways to communicate with you through your thoughts, feelings and experiences. If your body has something it needs you to pay attention to, it may create a really loud message like getting sick, breaking a bone or running into a door. To maintain excellent health, learn to listen daily at level 3 and start a contemplative practice of journaling.

**Spiritual:**

Whatever spiritual practice you follow will be enhanced if you add a meditation practice to quiet your mind. In 2018, your guides and angels will have a much better chance to communicate with you when your mind is open and listening. Level 3 listening works best for this spiritual experience. Remember your subconscious mind is where your spiritual messages come from. This part of your mind communicates with metaphors and imagery. To get to most out of 2018’s *learning to listen* messages; I suggest you create a time and choose a specific place to develop your listening skills. I also strongly suggest that you to buy the book “Dictionary of Symbols” so you will better understand your coded messages.

Each month in 2018, I will give you insights and solutions to navigate your course during this powerful year as you *learn to listen*. Each month the vibrational energy will be shifting and changing, I will be here to facilitate and guide you on your journey with my newsletter and my blog. As you begin to *learn to listen*, you will find yourself creating more peace, abundance, and joy!

~ Wes Hamilton, Master Numerologist

How will I create?

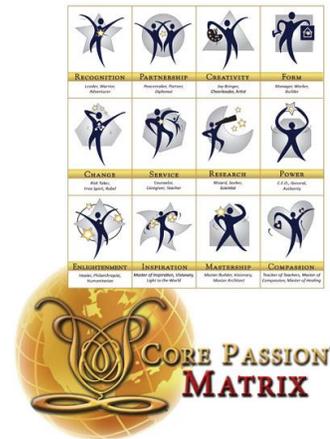
## Elements of the Core Passion® Intentional Program

**Objective:** To create an awareness of all the elements that are needed to create a successful future. This provides a place for you to focus and process your actions – the art & science of creating your future. The Core Passion® System includes Codes, Keys, the Passion Vision Action™ Process, and the Focus 4. Numerology provides the science of mathematics to understand the timing and actions to be taken to achieve success. Core Passion® is the art of who you are – inspiration, clarity, and direction. Numerology is the science of what to do when. Together, they provide the elements needed to create your future in 2018. The next three pages are informational (no activities) to help you see all the elements in the big picture of the Intentional Program.

### Core Passion® Codes

#### Unlock who you are (*Inspiration*)

Core Passion® Codes are the source of energy that drives our passion. This matrix of energy acknowledges our gifts and makes us aware of our challenges. It always awakens us to our lessons of why we do what we do. These 12 Codes are given to us at birth. Everyone has them. We all use them. The Core Passion® Assessment and report is a companion and pre-requisite for this program.



### Core Passion® Keys

#### Unlock what to do (*Clarity*)

The Core Passion® Keys teach us a systematic plan of action for the integration and application of the knowledge and skills of creating. Each key is an integral part of success. They all must be used and completed in the order that they are given. You will find yourself going back and forth between the keys which are a natural process of trial and error. Eventually you will realize that each key had to be completed before you can fully use the next key.

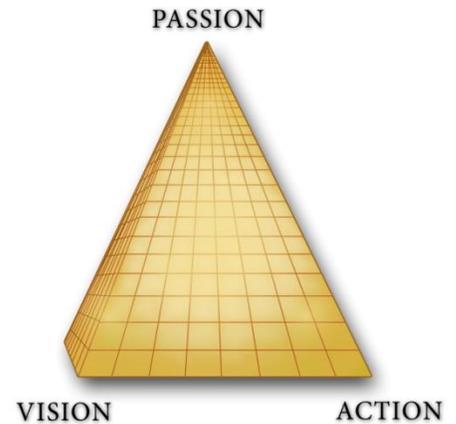
- 1<sup>st</sup> key – Discover – unlocks the door to Awareness
- 2<sup>nd</sup> key – Believe – unlocks the door to Acceptance
- 3<sup>rd</sup> Key – Create – unlocks the door to Actualization
- 4<sup>th</sup> Key – Live – unlocks the door to Authenticity



## Core Passion® Process: Passion Vision Action™

*A series of unique activities to integrate and apply the Core Passion® Codes and Keys to achieve powerful results (Direction)*

The Passion Vision Action™ triangle is an energetic form to create success. Each point of the triangle must be utilized with equal attention and energy. To skip or overlook the intent of any point of the triangle, will restrict the flow of energy and inhibit the flow of success. We will be using this triangle throughout these four Modules.



## Core Passion® Focus 4

*Everything we are connected to, and everything we do is bridged to these 4 quadrants of our life.*

Focus 4 is a template for balance. When any of these areas of our life is out of balance (either too much or too little), it affects the other 3 quadrants. Such as, if your work life is over balanced and over stressed, it affects your health, your relationships and your connection to your spirit.



## Numerology

*Numerology is a 10,000-year-old system of measuring vibrational energy to forecast the timing of events in our lives.*

Numerology has proven to be a valuable tool to understand the complexities of what our life is about. Using the name on your birth certificate and your date of birth, Numerology can give us the knowledge to better understand ourselves as we do what we do.



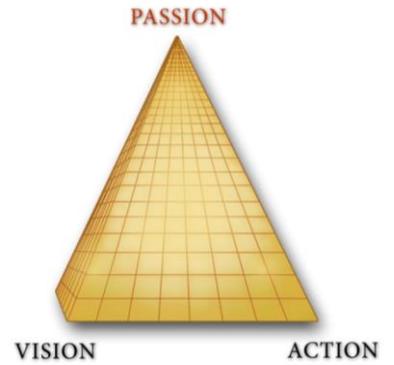
**Core Passion® Quick Study – for reference, print out an extra copy of your bar chart and place it before this page.**

<b>Passion</b>	<b>Essence</b>	<b>Gift</b>	<b>Challenge</b>	<b>Lesson</b>
<b>Recognition</b> Leader, Warrior Adventurer	Independent	-Confidence -Creativity -Independent Spirit	-Self-consciousness -Lack of Self-esteem -Overwhelm, -Victimized	-Develop a strong inner sense of confidence and knowingness
<b>Partnership</b> Peacemaker Partner, Diplomat	Partnership	-Sensitivity & Understanding -Seek the perfect balance -Sense of timing, rhythm & harmony	-Indecisiveness -Extreme sensitivity -Worry, doubt	-Be true to yourself -Speak up for yourself -Respect yourself
<b>Creativity</b> Joy Bringer, Artist Cheerleader	Creativity	-Happy spirit -Enthusiasm for life -Lucky in money and opportunity	-Find appropriate channels for creativity -Keep the spirit of the inner child -Stay focused	-Stay in the moment -Not scatter your energy -Walk the middle road
<b>Form</b> Builder, Manager Worker	Builder	-Endurance, dedication and discipline -Bring order to chaos	-Change -Rigid instead of resilient -Insensitive to the feelings of others	-Be flexible, -Take a risk -Look outside the box -Release beliefs
<b>Change</b> Rebel, Risk Taker Free Spirit	Freedom	-Curious mind -Magnetism -Wit, quick creative mind	-Live in harmony -Energy becomes lost, -Get sidetracked -Addictive	-Constructive use of freedom -Moderation -Establishing structure
<b>Service</b> Counselor, Teacher Caregiver	Balance	-Wisdom & Guidance from the heart -Take on great responsibility -Nurture, give, serve, comfort	-Long-suffering martyrdom -Sacrifice -Judgmental, -Rigid & stubborn	-Learn to give and receive -Create balance -Create healthy boundaries
<b>Research</b> Wizard, Seeker Scientist	Mystical	-Higher knowledge, understand the mystery of life, Analytical, intuitive -Connection to the unseen world	-Silent and aloof -Unorthodox viewpoints -Loneliness and isolation	-Stay balanced -Find love, affection and tenderness -Letting the world touch you
<b>Power</b> C.E.O., General Authority	Power	-Strength & courage to undertake large project, -Weave universal principles with everyday life	-Resist being consumed by acquisition of wealth, -Ordering, intimidating and dominating people	-Claiming and utilizing gift of power -Personal power w/o dominance or intimation, -Working with compassion
<b>Enlightenment</b> Healer, Philanthropist Humanitarian	Humanitarian	-Power to create and regenerate -Magnetism, power to influence others, -Ability to create alchemy	-Love unconditionally with an open heart -Intolerant, possessive, unsympathetic, selfish, greedy	-Learning ebb and flow -Release and letting go in order to receive, -Detach and open heart to all
<b>Inspiration</b> Visionary Light to the World	Master Inspirer	-Get intuitive information -Activate passion to inspire others -Turn challenges into opportunities	-Overcoming self-doubt -Overloaded with information -Frustrated within, impatient	-Acceptance of highly attuned intuitive skills, -Trust information you're receiving is truth
<b>Mastership</b> Visionary Master Architect	Master Builder	-Ability to connect with many dimensions of knowingness -Provide logic and form to visions	-Overly sensitive to criticism or judgments, -Stubborn and slow to respond, -Fantasy of grandiose realms	Weave ancient wisdom with modern technology to create a usable form in the present moment, Build big projects
<b>Compassion</b> Teacher of Teachers Master of Healing	Master Teacher	-Love personified -Speaking from the heart -Unaffected by power	-Detachment -Set healthy boundaries -Stay balanced, -Judgmental	-Mental, emotional, spiritual detachment -Express integrity in all -Love without judgment

What drives me?

## Core Passion<sup>®</sup> Codes

**Objective:** Now we're going to start at the top point of the triangle – Passion. This exercise is designed to bring awareness to the top driving energies that show up day after day in everything we do. **Review your Core Passion<sup>®</sup> profile and report.** You can log into My Core Passion to watch videos about each of the Codes. You can also use the Quick Study on the previous page. Look at your top five Codes and write them in the space provided. We want you to begin to understand the language of the Codes - write a few words or phrases about each Code that resonant and feel like you. **Focus on your gifts!**



**My top 5 Core Passion<sup>®</sup> Codes and the words/phrases I connect with are:**

*Example: Recognition – confident, independent, creative*

1.

2.

3.

4.

5.

*“Know thyself and you know everything.”*  
~ Pythagoras



## Words That Describe Each Power Number

**One:** Decisive, courageous, leader, honest, active, dynamic, witty, impatient, innovative, independent, assertive, original, quick, inventive, mental, strong, principled

**Two:** Cooperative, tactful, patient, self-effacing, collector, understanding, timid, indecisive, sensitive, supportive, unassuming, diplomatic, quiet, listener

**Three:** expressive, social, charming, visionary, friendly, joyful, scattered, easygoing, joking, pleasure loving, artistic, optimistic, imaginative, gregarious, fun loving, persuasive, dramatic, generous

**Four:** traditional, conservative, reliable, focused, disciplined, quiet, cautious, quiet, systematic, stubborn, practical, sensible, rational, honest, realistic, loyal, hardworking, serious

**Five:** nonconforming, active, versatile, flirtatious, speedy, clever, gregarious, enthusiastic, magnetic, impulsive, competitive, affectionate, adventurous, quick, different, charismatic, persuasive, sexual, impulsive

**Six:** domestic, nurturing, teacher, counselor, conventional, moral, consistent, generous, loyal, determined, compromising, judgmental, responsible, care giver, friendly, dependable, loving, practical, traditional

**Seven:** serious, specialist, perfectionist, elegant, superior, knowledgeable, thinker, aloof, solitary, eccentric, secretive, skeptic, wizard, magician, quiet, refined, intellectual, studious, cautious, analytical, deep, selective

**Eight:** Strong, forceful, money minded, decisive, authoritative, professional, blunt, masterful, problem solver, spiritual, demanding, powerful, ambitious, conservative, confident, efficient, formal, discerning, reliable

**Nine:** philosophical, wise, dramatic, religious, lover, tolerant, resourceful, intuitive, powerful, aloof, detached, fortunate, humanitarian, dreamer, poetic, generous, universal, dynamic, evolved, impressionable, global, distant

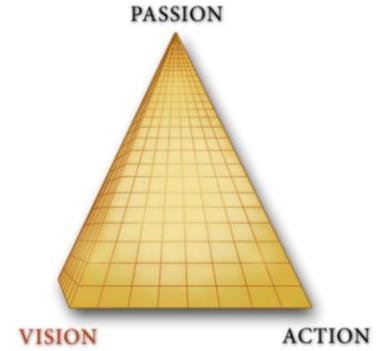


What's my dream?

## Vision of My Future

**Objective:** To access your creative right brain that has the ability to use imagination as a process to create and bring into form what it desires. This is part of our Discovery process to know what we could have. Module 2 will work with skills to believe that you can actually create this.

Get comfortable. You are going on a short guided meditation to connect to the energy of your future. This is a fun experiential dream like imaginative meditation. Have fun, play and make it up. When it is complete, write a few brief words about what you felt and saw. **Listen to Module 1 Audio – Vision of My Future**



The Symbol

The Feelings

The Word

The Person

The Advice

The Clothes

*"First see the fire, then strike the match."*

~ Merlin

How do I integrate and apply the Awareness?

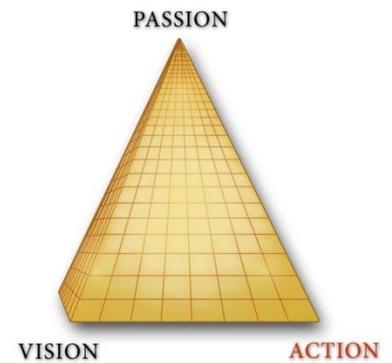
## Discover and Apply

**Objective:** *To take ownership and master something, we need to develop a practice of using the new knowledge we have **discovered** and **apply** it to our self and our life.*

*We need to connect to the vibrational energies of our new discoveries and align our self and our daily living in order to develop a synergistic harmony with our vision.*

*We want you to experience the new knowledge you have discovered about your Core Passion® Codes and how that energy is driving you to do what you do.*

*We want you to be aware of your top 5 Core Passion® Codes and how they influence your life and your Vision.*



This next week your practice will be to *start or end your day* looking at your top 5 Core Passion® Codes and become aware of yourself, your day, and your life. Make a journal note (page 16-17) about what you are observing as you experience how these energies drive you throughout the day.

Were you in the Gift, the Challenge or perhaps the Lesson during this day? Refer to your Core Passion® report for the insights and the words to use for these notes! Remember: Observe and experience as you apply and integrate your new awareness.

**Congratulations! You're ready to continue. Print out Module 2.**

***The Adventure continues. . .***

*"The world is full of obvious things  
which nobody by any chance ever  
observes."*

~ Arthur Conan Doble

What's my daily practice?

# Journal

**Objective:** *Journaling each day develops a practice of becoming more aware of who you are as you do what you do. It causes you to experience the present moment. When you are present you are more powerful.*

## Day 1

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned:

## Day 2

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned:

## Day 3

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned:

#### **Day 4**

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned:

#### **Day 5**

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned:

#### **Day 6**

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned:

#### **Day 7**

- Core Passion® Codes used:
- Gift/Challenges experienced:
- Lessons learned: