



Intentional 2016

The Art & Science of creating your future

May 2016 Continuity

More, Move, Moderate

This month you will be receiving lots of extra impulsive energy. You will feel a strong push to accomplish *more* and do *more* on your to-do list. You will feel like you need to *move* your body so get outside and walk. If you are really restless, you may decide to *move* to a new location. Did you know May is one of the busiest months for Realtors to help people sell and buy a new home? During May, you may feel a strong pull to slow down and *moderate* your activities.

May is the 5th month of the year and vibrates to the restless rebel energy of 5. The energy of 5 likes to make changes and stir things up a bit. This energy loves to challenge the status quo and break up old structures. This restless energy starts things *moving* just so it can shift out of the of April's stable 4 energy. If you recall, last month you were being encouraged to repair, remodel or renew things in your personal or professional life. You were guided to build better structures for yourself.

Now that you have completed April's 4 energy of restructuring your lifestyle, it's time to change things up a bit. It's time to reset the energy to begin some new experiences and personal growth opportunities. The energy of 5 is competitive, challenging, restless, rebellious, and magnetic. This energy creates vortexes of expansion and destruction as it vibrates to see what will stand and what will fall. This powerful energy is required for changes to happen. You would find yourself stagnant, stuck, and bored if you were allowed to stay in the solid stable energy of contentment and complacency.

If you have this powerful 5 energy in your personal chart, you will need to be mindful this month if you feel yourself caught up in this exciting, magnetic, adventurous energy. This May energy can spin you out of control. This month when you merge the energies of May (5) plus the energy of 2016 (9) you get the combined energy of 14/5, the energy of addictive behaviors.

This addictive energy can become too much of a rush, like driving over the speed limit and not getting caught. What if you bought a Powerball ticket this month and actually won some money? You would probably find yourself buying *more* tickets. This month's energy can become addictive because it encourages you to want *more*, to throw caution to the wind.

If you begin to feel a bit out of control, be aware. You will need to stop, look and listen. Then you must begin to *moderate* your lifestyle back to a balanced state. Remember, you can use some of the skills you learned last month to repair, remodel or renew your behaviors to get back on track. This month's energy can pull you into a rush of adventurous energy so stay focused, stay aware, and stay present. Enjoy this amazing month of rebellious growth in your personal and professional life.

This month's energy is conducive for traveling, marketing, selling, exploring, moving, driving, flying, sailing, boating, and sports. The 5 energy of May is favorable to any activity that gives the experience of being free to feel the "wind under your wings".

The best days in May to try for *more* or *move* are: May 1, 5, 10, 14, 19, 23.

The best days in May to *moderate* your behaviors are: May 2, 4, 6, 8, 11, 13, 15, 17, 20, 22, 24, 26, 29.

~ Wes Hamilton, Master Numerologist

This month it's going to be difficult to sit still and stay focused. This restless rebellious energy of May is a 5 vibrational energy. It wants *more* and it wants you to be *moving*. Everyone will feel antsy this month! If you have any 5 energy in your personal numerology chart, be aware of a tendency to get out of control and become addicted. When you combine the 5 energy of May and the 9 energy of 2016, you get a 14/5 experience. This creates additive, competitive, out of control, "down the rabbit hole" experiences. May's energy is a rush of opportunities for you to explore. Hang on and enjoy...

My 3 Magic Words

I have my 3 magic words memorized; I use these consistently to magnetize my future to me. My 3 magic magnetic words in 2016 are:

More: *additional, extra, supplement, greater*

Looking at the Focus 4 Template of my life, I want to have *more* . . .
I will use my Core Passion Codes to drive my success.

Health/Wellness	Relationships
I want <i>more</i> . . .	I want <i>more</i> . . .
Core Passion Code:	Core Passion Code:
Career/Financial	Spiritual
I want <i>more</i> . . .	I want <i>more</i> . . .
Core Passion Code:	Core Passion Code:

Move: *change, shift, cause, reposition*

Looking at the Focus 4 Template of my life, I want to *move* . . .
I will use my Core Passion Codes to drive my success.

Health/Wellness	Relationships
I want to <i>move</i> . . . Core Passion Code:	I want to <i>move</i> . . . Core Passion Code:
Career/Financial	Spiritual
I want to <i>move</i> . . . Core Passion Code:	I want to <i>move</i> . . . Core Passion Code:

Progress is impossible without change, and those who cannot change their minds cannot change anything.
~George Bernard Shaw

Moderate: *reasonable, curb, restrained, average*

Looking at the Focus 4 Template of my life, I want to *moderate* . . .
 I will use my Core Passion Codes to drive my success.

Health/Wellness	Relationships
I want to <i>moderate</i> . . . Core Passion Code:	I want to <i>moderate</i> . . . Core Passion Code:
Career/Financial	Spiritual
I want to <i>moderate</i> . . . Core Passion Code:	I want to <i>moderate</i> . . . Core Passion Code:

Under stress or pressure, I find myself . . .

Caught up in (timelines, performance, outcomes, needs of other, etc.)

Addicted to (work, relationships, sports, TV, etc.)

Under stress or pressure, I will use these Core Passion Codes to drive my success to *moderate* and stay balanced as I move into this restless rebellious energy of May.

Core Passion Code	Gift

My Monthly Timing to Stay in the Flow of the Universe

Use your BE/DO chart in Module 4 to find the words that align with your personal month and year. These words will inspire your Actions to manifest your Vision. Be sure to strive for *more*, *move* where you need to, and *moderate* your behaviors when they challenge your vision with the new information that you became aware of this month. Focus on your gifts as you engage in your activities and actions. This month use your innate intuition and your Core Passion Codes to create powerful experiences.

Global Year: (9) *Release, Reform, Refocus*

My personal year: ()

Global month: (5) *More, Move, Moderate*

My personal month: ()

I am BEING:

I am DOING: