

How to do a Discovery Journey

4 Keys to a Discovery Journey



Discover . . . unlocks the door to AWARENESS

Objective: Identifying their Core Passion® Codes, Purpose, Mission

ASK: What's important for you today? What do you need to walk away with today?

Scores - Levels of energy

Point spread

Refer to the gifts and challenges Quick Study – Talk about the Gifts and the Challenges.

Top 5 Core Passion® Codes are the drivers

Bottom 2 Core Passion® Codes – what **doesn't** drive them

Conflicting energies

Supporting energies

Codes – self, others, other dimensions

Discovery Journey



Believe . . . unlocks the door to ACCEPTANCE

Objective: Owning and expressing their uniqueness

Questions, active listening and mirroring help them to understand and believe

Visit the homework – What do they agree with? What do they disagree with?

How has this shown up in their life?

How has this shown up in the past?

How does this show up in the present?

How would they like it to show up in the future?

Discovery Journey



Create . . . unlocks the door to
ACTUALIZATION

Objective: Creating the vision and timelines for what they want

What do they want?



Look for the threads of what they have tried to create in the past either through a gift or a challenge.

Vision – define, clarify, and write

Create the measureables (support for why they should continue to work with you).

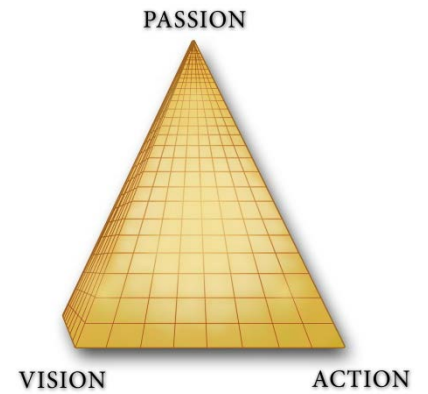
Discovery Journey



Live . . . unlocks the door to AUTHENTICITY

Objective: Living their destiny to be who they are in each moment everywhere they go

Success Plan



Revisit all the things in CREATE and develop an Action Plan using their Core Passion® Codes.

Core Passion® + Intentions = Destiny

Develop a plan of action when challenges arise.

STOP. Listen to what they really want. Look at their Core Passion